



**The Courier
March 2018**

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**933 Smyth Road
Ottawa, ON K1G 1P5**

Dear congregation,

Course of time

A couple days ago I was surprised by a report in the news. It said that since the fall of the Berlin Wall the same period of time as the Wall had stood had passed, that is to say in that moment 28 years and 88 days. What can I say, I was startled. It seemed to have been just yesterday that we were able to enter, marvelling and rejoicing, that part of Berlin and of course, of Germany that had been separated until then by a seemingly insurmountable wall. Soon Germany was one country again, one country, as everybody said. The fact is also that you can still notice remains of the wall in people's minds. Nothing as big, certainly not life-threatening and only problem for those older than 28 years. I am one of those who were incredibly glad when the first 28 years and 88 days were over. I've been travelling, was able to get to know my wife, and even became a minister in Ottawa. As I said, I was startled when I found out about these second 28 years. Certainly, since the fall of the Wall so many remarkable, beautiful, exciting and also sad things have happened that I view this time as full of many experiences. But on the other hand – it does not feel as if the wall fell long ago at all.

I am not sure how you, dear parishioners, experience time, but it is probably not very differently. Things which happened a long time ago are strangely often more present in our memory as things which have happened just this morning. This becomes more obvious when we recall how it was when we purchased the church building at Preston St, when reconstructions took place, when so many shaped the building which we used until recently with such a lot of time and energy and love. All that seems to have happened yesterday, and now we are about to just sell it? Many of us have not yet really perceived that we are now implementing what we voted for. The future. The extended future of a German evangelical congregation here in Ottawa. We realize, the heart is nowhere near to join in what the reason recognized as right.

This is not much different from the Eastern and Western Germans. Of course, we are one people in Germany, same as we are one congregation here, but then very quickly somebody will notice, „SUCH A THING would have never occurred at our place“, and somebody else will mention, „I always liked how we celebrated this, but SUCH A THING sadly will now not happen anymore“. I understand very well, merging will take some time, at the same moment we also need indication for what makes our identity as members of a church congregation. From the outside several things have already changed. The blue hymnals have already arrived and found their place next to the red hymnals. Some prepare the coffee for others and those who come later do the cleaning up in the end. Surely both would wish to have more time to sit together at the coffee table, to talk and to meet. No question, these are subtle beginnings. Soon the former pastors of Preston St will find their proper places beside their male and female (there they had some!) colleagues who served at Smyth Road. Not long ago a plaque for the Mount Calvary Hall has been installed. For sure, there remains a lot what we will have to learn mutually. On Palm Sunday, for example, at Smyth Road people walked with palm branches into the church to visualize Jesus' entry into Jerusalem. We have not experienced anything like that, but why shouldn't we acquire such a custom? The first spontaneous attempt of organizing a Christmas Bazar was amazing successful. I believe this could evolve into a good joined project.

Some good beginnings are made, there is not only a need for minds but also for hearts and souls. I hope very much that we will need less time to achieve unity than the Germans needed in Germany. The congregation at Smyth Road has just celebrated their 70th anniversary, the congregation at Preston St their 50th, in 55 years we will reach the point when, totaled up for all of us, the time before the merger will be as long as the time since the merger. It would be wonderful if this day would still be celebrated at this house of God on Smyth Road and in at least the two languages which are already spoken in this place today. I myself will not be there then and most of you probably neither.

Let's remember Gods word in the Psalms: "For to you a thousand years are no more than yesterday when it is past, and like a watch in the night", the prayer of Psalm 90 said. It is good, that God's time is passing differently. It is good that in our congregation we can count on God's help. We are just at the beginning und we still have good time to earn some points. First of all we need momentum to set this in motion and to stay in motion. If you'd like to give a push somewhere, you are welcome! And, we could talk at any time.

Best greetings, Pastor Friedrich Demke

Dear parishioners,

We are now in the first year of the new enlarged Martin Luther Church. I say new church, because a lot has changed. First all the members of Mount Calvary Luther Church joined the Martin Luther Church as full members. Second, all services of the Martin Luther Church now take place in the church building on Smyth Road. Third the beautiful church building with its large parking lot is now in the name of our new enlarged church. Fourth, we now have an English and a German service every Sunday. Fifth, we have a new congregational council made up of members of the former Mount Calvary community, as well as members of the Martin Luther Church on Preston Street. Additionally the large hall on the lower floor is now called Mount Calvary Hall in deference to the building's heritage and a commemorative plaque is displayed on its wall.

However a lot has remained the same. The Martin Luther Church is still the German-speaking Protestant church in Ottawa, the German Evangelical Church is still sending us a pastor from Germany for at least six years, and we still belong to the Eastern Synod of the Evangelical Lutheran Church in Canada, and we are legally still registered as German Evangelical Luther Church of Ottawa Inc.

Of course, all this means a big change for everyone. We will all have to get used to it, and learn to live with it. The members of the congregation, who have always gone to church at Smyth Rd., have had a new pastor 'parachuted among them' which is probably the most difficult thing to accept apart from getting used to the change of name. Everyone can see the newly erected "Martin Luther Church" sign on Smyth Rd. It is now very important that we do not establish or promote separate camps within the Church, but work together so that as both German-speaking and English-speaking members regard the Martin Luther Church as "my church".

I think we made a good start there, but it will take time, of course. The many bureaucratic tasks associated with the new community and the new place for us have already been largely overcome. The human integration just takes longer. We also have some joint services scheduled for 2018, but there are other opportunities for meetings. But more important is the willingness to get to know each other and to look for opportunities where we can meet. By the way, it is amazing how many parishioners who now only speak English have German roots and also bear corresponding names.

The former church building on Preston St. is for sale, it has been listed and seems to arouse much interest. Let's hope it will be sold soon. Your council is currently dealing with such things as:

- Detailed finalisation of the budget for 1018
- contract for an organist for both services

contracting cleaning services for the Smyth Road Church

Moving our possessions and memorabilia from Preston St. to Smyth Road. As a first step the photos of the pastors and the memorial plaques of the deceased members will be hung in our new building

Establishment of a common membership list

A redesigned joint website

Foundation of a worship committee

As you can see, there is no shortage of challenges that change brings. Our Bishop, Michael Pryse, wants to visit us again in a year to see how the merger has developed. We will receive him in January 2019.

As you know for sure, I'm currently in Florida and my co-president Sonny Lapointe and I lead the church together via Skype. It goes smoothly and without problems, and I would like to take this opportunity to thank Sonny for his dedication and his great cooperation.

As you know, our church is a provincially incorporated not for profit corporation. So we need to have a General Assembly (AGM) in April. At the AGM the budget for 2018, the various 2017 reports and the 2017 audit report need to be approved and the election of the council needs to be reconfirmed.

So, that's it for today. Greetings from sunny Florida

Konrad von Finckenstein

Our two newsletters: "Ruf" and "Courier"

An editorial comment

In our Special Task Force "Media" (consisting of Martin Damus, Ute Davis, Alexandra Demke and Steve Thornton) we came to the conclusion that it would be best to continue our two newsletters, one in English, the other in German instead of having just one bilingual newsletter which would be quite enormous. In the German "Ruf". Edited by Alexandra Demke, there will also be some articles in English and the event calendar will include the English events. The "Courier" will be edited and issued by David Robison. Some articles from the "Ruf" will be translated into English for the "Courier" (like the Pastor's message and the President's report or the Church Council presentations) and vice versa. We will need to work out and see how to proceed in the best way with the two newsletters. There will be some content unique to each language edition. Other content will be translated from one to the other.

There will be some difficulties to work through. For example: differing formats for the German and English language computers, both in printing and photography. I have not been able to capture all the lavish

photography from *Ruf* or even all the narratives. For those interested in looking through the on-line version of *Ruf*, you may find it at: http://www.glco.org/GLCO/Gemeindebrief_files/RUF%202018-1.pdf.

We plan to issue both newsletters four times the year - in March, June, September and December. For now, the Courier will be issued by email to the former Mount Calvary email list with some paper copies available in the narthex. Please let us know if you would like to receive the "Courier" and/or the "Ruf" to e-mail (lutherinfo@gmail.com) or davidrobison@rogers.com.

There were two significant events that have not been mentioned in this edition, perhaps some more in the next Courier: we said farewell to Lil Kropp, a charter member of Mount Calvary and a major influence in more ways than we can note: and the baptism of Araya Naher, a fascinating refugee family story here that perhaps we can tell sometime in the future (photos in *Ruf*).

Our Church Council

On the first of Advent our new Church Council was elected. The candidates had been nominated by a committee of duly appointed members of Mount Calvary Lutheran Church and members of German Evangelical Martin Luther Church and they were elected "en bloc". They should serve as the 2018 council of our newly merged Martin Luther congregation. New is that we now have two presidents who are equally entitled to being chairmen of the council. Here comes a presentation of each member of the new Church Council.

President Konrad von Finckenstein

I was born in Malchow, Mecklenburg in 1945. In 1962 I came to Canada and have been a resident of Ottawa since. I graduated from Carleton University in Political Science and from Queen's University in law. I have been working as a lawyer, trade negotiator, commissioner of competition, judge of federal court and chair of Canadian Radio-television and Telecommunications Commission CRTC. I am married to Ursula Menke. We have two children, Konrad, Jr. and Alexis, and five grandchildren. I was a member of Mount Calvary Lutheran Church from 1975 to 1985, both my children were baptized in Mount Calvary Church by pastor Keekly. I have been a member of Martin Luther Church since 1985. From 2006 to 2015 I was president of the church council and in 2017 I became president again. I hope to add my skills in management and my legal expertise to the governance of the council. Being retired, I now spend part of the year, December to April in Florida and participate in church matters via skype and email.

President Rolland Lapointe –



Current status - President Martin Luther Church (MLK)

Past status - member of Mount Calvary Lutheran Church (MCLC)

I am better known by my nickname 'Sonny' (family tradition as I share the

same name as my father). My introduction to the Lutheran Religion was through my wife and her family. I converted from Roman Catholic to Lutheran in the early 1980's at MCLC. Since then, I have had the pleasure of serving the church as an assisting minister, a lector, and a worship leader. My work experience as a team leader and certified facilitator has assisted me in serving the church council as an active member as well as the chairperson. For the past five years, I have served as the Financial Secretary. As the newly appointed co-president of the MLK, I am looking forward to assisting in the smooth merger transition between our congregations over the coming months. It is also my intent to have a better understanding of the relationship between EKEK and ELCIC as it pertains to this congregation. On a personal basis, I plan on learning German as a third language.

Klaus Edenhoffer

My name is Klaus Edenhoffer and I am a member of Martin Luther congregation since 2015. I was born and raised in Lower Bavaria/Germany. In August 2005 I came to Canada, more precisely to Vancouver, which was planned as a temporary stay. But because I liked Vancouver a lot and met my future wife Dingding, I decided to stay in Canada. In the winter of 2011 we moved to Ottawa. Since May 2016 I am the treasurer of Martin Luther congregation. Being an economist I deal a lot with numbers and statistics in my work and I am glad that I can apply these skills to the Church Council. I consider the relocation to Smyth Road as a great opportunity for our congregation. However, it also involves a lot of decisions. Patrick Girard, the former treasurer of Mount Calvary congregation, is a great support with his longstanding experience. Most of my leisure time I spend with my wife, our newborn daughter or with friends. I like nature, such as going hiking, fishing, skiing (in winter) and taking pictures. I also enjoy cooking, both German and international dishes.

Klaus Köhler

I was born in 1963 in Sindelfingen, Baden Württemberg. In 1996 I immigrated to Canada. I have studied forestry in Germany and I am a Registered Professional Forester. I am married to Amy, a Canadian from Hong Kong. In 2001 we moved to Ottawa from Vancouver, but until 2003 I worked in Wisconsin and after that another two years in Georgian Bay Islands National Park. Since 2006 I am working in Ottawa for the Canadian Government. Amy and I have a daughter, Alissa. She was baptised in 2013 in the Martin Luther Church. I became a member of Martin Luther Church in 2001 and am a member of the Church Council since 2011. Important for me above all are invitations for young families and all the extra activities like the spring-festival with dance.

Christina Wendorff

My name is Christina Wendorff. I was born in Berlin in 1953. In 1980 Lutz and I got married. We have two grown up sons. After staying four years in Namibia we came to Ottawa in 1997 for the first time. After living in Friedberg (Hessen/Germany) from 1999 until 2005 we came back and are since living in North Gower. We became members of the Martin Luther Church four years ago. I am one of the founding members of the Quodlibet Choir and I am singing mostly tenor.

I am a member in the Church Council because I would like to help to shape the transition. I see the relocation as a chance for a mutual new beginning. I think it is essential that we get to know each other through all kinds of joint activities like Bible studies or celebrations.

My main concern is not only to preserve a German speaking worship service – at a time when in Germany many pastorates stay vacant – but to work together to attract more families to the congregation and thus to enable our continued existence. All this will only go smoothly when we all keep in mind that the congregation cannot exist as an end in itself but that we first and foremost exist to be an honour to God.

Esther Shoemaker

I am a medical Sociologist and postdoctoral fellow at the Bruyère Research Institute in Ottawa. I grew up in Bendorf and finished high school in Koblenz, Germany. Before moving to Ottawa and Gatineau in 2007, my husband and I lived and studied in British Columbia and Manitoba. I joined the Martin Luther Church in 2007 and regularly attend worship services with my three children Aleah, Lukas and Magnus. I try to support the church community by engaging young families. In Church Council I am the representative for the Martin Luther Kindergarten, the church's preschool. Also, I am the contact person for the German speaking playgroup that meets on the first Sunday of every month during Sunday school in our church.

Martin Damus

I am in an interesting position, in that I am, with the merger of the Preston and Smyth road congregations, in a sense 'coming home': I grew up in the Smyth road building, was confirmed, married, saw my two sons baptized there. I know many of the original members, played softball, curling, music, went camping and sang with them. These were foundational parts of my youth, after which through years away at university and life in other cities, still stay strong with me. A desire to connect more with the language of my parents led me to the Preston street congregation, where I also felt very much at home. I served on a special task force there, on the council, and of course played music, most recently for the Sunday School. Through them I also found more opportunities for music, through the Quodlibet Choir and now the Swiss Montagna singers. Everything has been a constant

evolution and change. I believe we should always embrace changes and highlight the positive side of



opportunities -- change will happen, how we direct it determines the outcome. This was supposed to be an introduction of myself to you, and I've already overstepped the word limit, so I'll just say I would be glad to talk to you whenever I'm in the building. I'll be easy to recognise: I look like my dad (see the photo)!

Nancy Schoenherr

Ken and I have been members of Martin Luther since 1970. We transferred there when we moved to the area and were expecting our second child and wanted him baptized there. We had three children - Mark, Andrew and Vicky. Sadly Mark passed

away in his 20th year from Muscular Dystrophy but Andrew is well and lives in California and Vicky, her husband Wade and son Eowyn live in the Constance Bay area.

Together, we have been responsible for many aspects of

keeping the church going. Ken has repaired, fixed and repainted innumerable things over the years.

I myself have been doing the Administration for the church since early Pastor Taylor's era through Pastors Johnston, Pastor Lam and now Pastor Demke. What has that involved? Coordinating rental contracts, obtaining bids and in consultation with the Pastor and Council the letting of work contracts such as for cleaning the Sanctuary floor, excavating the basement where leaking, replacing the carpeting in the Fellowship Hall with vinyl tiles, keeping sanitary supplies adequate, keeping track of main door and any other keys to locking facilities, organizing and cataloging 60 years of music, I enjoyed getting to know the various Pastors and helped them

become familiar with the church and the people of the congregation.

I am now also the responsible person for our Faith Life projects.



Heidi Rausch



I was baptised, confirmed and married at German Martin Luther Church on Preston Street. When I expressed interest in joining the readers list, I was quickly shanghaied onto council and after serving as co-president, took on the role of President until our merger. This year I am quite happy to have less responsibility on council. I'd like to focus on getting to know all our people, increasing our membership and our good works in the community and my favourite, running our annual fundraisers.

Steve Thornton



I have been a Lutheran Christian since University, where the Lutheran Student Movement greatly shaping my view of my response to the gospel. In Ottawa, Marianne and I joined Faith Lutheran, delving deeply into its worship and operational life. We eventually transferred to Mount

Calvary due to our belief in the importance of community in faith. At Mount Calvary I worked on Outreach, Worship, and Church Council, chairing council for five years. I later chaired the call committee that called Pastor Lam to ministry. I have been a delegate to 2 National Church gatherings, and was the chief steward for the ELCIC portion of the joint Lutheran/Anglican National Convention in 2013. I believe strongly in the importance of the church witnessing to faith through community involvement and service. I am not very attracted to church building concerns, but recognize the importance of a good organizational space. I currently own my own small IT business, and I work with the CRSN in developing online educational tools.

Sheri Pendlebury

My name is Sheri Pendlebury nee Nitchke.

I have been a member of Mount Calvary Lutheran Church since 1964. I was married here in 1969 and both my children were baptized here.

I have seen this congregation thru at least 6 pastors and the change from Missouri Synod to ELCIC in 1986.

I taught Sunday School, was on that council for over 10 years, 4 of

which I was Chairperson. I oversaw the quotes and then the installation of the new concrete floor in the Sanctuary in November of 2008.

I have helped prepare many meals in the new kitchen and even more in the old one. I was also the contact person for Faithlife Financial with Heather Saeur for about 6 years and then took over from her for the past 7 years, gathering and sending in the info for the matching grants til I closed the account in Sept of 2017.

I have been Financial Secretary, Assisting Minister, Lector and Counter during the past 10 years and still continue with some of these.

I am now a proud member of the council of our new congregation of Martin Luther Church.



Heather Ladouceur

I was born in Halifax. I moved to Ottawa as a teenager and my family were members of Faith Lutheran for four years. After living in a number of different cities and being a member of Lutheran churches wherever I was living, I came back to Ottawa with my husband and three young boys. We joined Mount Calvary where my parents were members. I have been a member of Mount Calvary for more than twenty years. My three boys primarily grew up in this church with a lot of their extended family. I work with the elderly so also try to connect with some of the seniors in our congregation. I started the foot care clinic, and have been running Wheels to Meals for quite a few years. Ministry to

Senior Citizens has been my main area of interest for the last few years. I was new to church council a year ago. I am looking forward to working with our new merged church and finding ways that we can do things together.



Gail Smith

My name is Gail Smith. I am the church secretary. I was a member of Mount Calvary for 18 years and am looking forward to continuing worship as a member of Martin Luther Church. I was on the altar guild for 15 years.

Church office hours are
Tuesday and Thursday 3 pm-5 pm

Wednesday 10 am - 12 noon
Phone: 613-733 5804

During office hours you can reach me and also Pastor Friedrich

Mary Ann Foley

MaryAnn returns to this place of worship following twenty years as Music Director/Organist at St. Richard's Anglican (now Julian of Norwich) and All Saints Lutheran. Her passion is the Eucharistic Liturgy of the church, from its ancient Jewish roots to its modern expression in the Roman Catholic, Orthodox and Protestant (Anglican and Lutheran) communions. She has been active in church music since the age of 17, studying Piano, Violin and Organ along her Liturgical journey. She is currently a member of the Royal Canadian College of Organists, and has been the Organist at St. Maurice Roman Catholic Church for over twenty years.

In our 9.30 service MaryAnn has the strong vocal assistance of her brother Peter and she has encouraged English speaking and German speaking members of our congregation to join in a small instrumental group with their

Demke in the church.

instruments and voices to help make Martin Luther's Music Ministry an example of shared commitment and friendship.

MaryAnn is also a great lover of animals and spends a large amount of time working with troubled dogs in particular. She is currently an apprentice of Dog and Horse Behaviourist, Jane Madigan. You'll be able to watch her working with her own two "troubled" dogs on Jane's on-line training school in the near future!!!



Refugees – “The World on Your Plate” in Lutheran Ottawa

by J.J. Moskau

Scratch...and ye shall find.

In all probability, if we scratch our personal family trees, we will find one, two or even more refugees. Survivors of some now distant and all but forgotten conflict. Survivors of wars that probably solved nothing. Survivors of pernicious disease or environmental calamity.

At the moment, a horrendous total of 65.6 million humans worldwide are displaced, in search of warmth, a hot meal, simple medical care, schooling for their children.

Scratch...and search again.

As likely as not, one or more of our neighbors down the block, colleagues at work, and fellow shoppers in line at the supermarket cash register are currently involved in efforts to help organize relief for refugees knocking on our Canadian doors.

Canada is quite unique in that it allows for private sponsorship to assist refugees in dire need. Since the Indochinese conflicts that culminated in the seventies, more than 280 000 people from all parts of the world have been assisted by ordinary Canadians to begin anew. Interestingly enough, our Commonwealth friends in Australia are now adopting the unique Canadian refugee sponsorship policy.

Long story. – Fast forward to 28 January and the church hall at 'Christ Risen Lutheran Church' in Kanata. A comfortably warm church, well attended on this Sunday afternoon to hear a recent arrival provide an outline of modern Eritrean history. A long tale of post-colonial struggles and many, many failures, leading to the familiar story of state deterioration and disintegration.

The focus on this Sunday afternoon is the enormous need to provide fellowship and help. The gathering culminates in a meal of sumptuous magnificence, unheard of delicacies from Africa and the Near East. The aim of it all is to bolster the coffers of the Ottawa Lutheran Refugee Committee. All those riches of Fatoush salads, of spiced up Couscous with a hot touch of Harissa, of Ethiopian Wat and Injera.

At the end of all that merriment, the fund raiser involving 95 diners yields more than 4000 Dollars.

Refugee assistance is not a one way street. Yes, Canadians of all persuasions – Christians, Jews, Buddhists, and Muslims - chip in with surprising generosity. What we are getting in return includes lessons in civil conduct. We have to learn to funnel our aid judiciously. Not to embarrass the new arrivals with torrents of well-intentioned bestowals. It helps to sometimes remember that old adage of artistic stage craft: 'Less is more...'

An Ismaili refugee from Uganda, who landed in Canada in the early seventies, who stepped off the plane alongside his then pregnant wife, wonders if it is ultimately helpful to provide gushing volumes of consumer goods, when the need for patient education on how best to navigate in this land of hope and glorious safety and protection is most immediately greater.

CLAY (Canadian Lutheran Anglican Youth)

The Youth of Lutheran and Anglican Churches gather every 2 years at an Event called CLAY. (Canadian Lutheran Anglican Youth). I, Taylor, and my sister Ashley Nichols will be attending CLAY this summer from Martin Luther Church. I am 16 years old and Ashley is 14 year old. We have been a part of Mount Calvary Lutheran Church our whole lives. This year the event will be held in Thunder Bay on August 15-19 at Lake Head University. There will be exciting programs and workshops taking place over the 4 days. There will be approx. 2000+ Canadian Lutheran and Anglican youth attending.

The theme this year for CLAY 2018 is called 'THREADS '. Not sure what this theme is about but we are eager to find out and learn more about God as youth growing up in today's society.

We will be traveling from the Ottawa area to Thunder Bay by bus. This is also an exciting time as we will make new friends and catch up with others. We will travel for 2 days stopping and staying at a community Church overnight. 6 days at the Lakehead University before departing back to Ottawa. Some of the costs so far are as follows:

\$595 for registration per person

2 extra nights at the University is \$80 per person

This will not happen unless we fund a portion of our expenses to participate in CLAY 2018. We hope that Martin Luther Church will help to support us.

So far Martin Luther helped to raise \$127.50 on Sunday February 11 from the small baked goods sale. Thank you for supporting the youth of Martin Luther.

Taylor and Ashley Nichols

Bible study

We are reading the biblical verses for the sermon of the upcoming Sunday. We learn something about the background of it, the context of it. Most importantly we share our ideas, opinions and questions with each other. The following Sunday as the pastor is preaching about it, you have the benefit, of being better informed and finding out what thoughts found their way into the sermon. No preparation needed. Upcoming dates and biblical verses:

March 8 - Philippians 1, 15-22

March 22 - Isaiah 50, 4-9

April 12 - 1 Peter 5, 1-4

May 3 - Colossians 4, 2-6

May 24 - Ephesians 1, 3-14

We meet at **7:30 pm** at the parsonage on **2035 Beaverhill Drive**

If you need a ride please contact Pastor Friedrich Demke

Wheels to Meals

Third Thursday of the month, 12 noon Heather Ladouceur Wheels to Meals began over twenty years ago. There were a few older members who often found it difficult to get to church on a Sunday so we started having a monthly potluck and informal church service. Drives were provided for anyone needing transportation. We try to have some younger people participate to help as well. As some of the original got older the potluck became a problem, so I took over cooking the meal with the help of a few people to ensure that the program could continue. We only occasionally have a communion service now, but the program continues to be an important social gathering. People will sometimes bring friends. We also have had a few past members for whom this has been a way to stay in touch with the congregation. Anybody is welcome to join us. It is helpful to have some idea of numbers to prepare the meal, but we always have enough food to share. Upcoming dates: March 15, April 19, May 17.

Senior Foot Clinic

First Monday of the month, 9:30 to 12:30 Heather Ladouceur The Footcare Clinic was started about a little over a year ago by Mount Calvary in conjunction with our neighbour Rideau Park United Church. We started with just six appointments once a month to see how much interest there would be in affordable footcare. Our primary target was in Senior Citizens, but anybody is welcome to make an appointment for a half hour to a cost of \$20. We have expanded to having three people taking appointments on the first Monday of the month. We have had people from various places who have heard about the clinic by word of mouth. If you would like an appointment please call the church office. Appointments are on a first come, first serve basis. Upcoming dates: March 5, April 9, May 7

RSVP Ministries (Christian Women) Film & Discussions

Generally last Thursday of the month, 9:30 am

Marilyn Donison Once a month several of us come together at Martin Luther Church on Smyth (in the Mount Calvary Fellowship Hall) to watch a short 10 minute film together; some ladies from our church as well as some from other denominations. The films are usually anecdotal...a look at one person's personal struggle and how through acceptance of Christ in his/her life that person is able to move forward with the love and support of God. These films feature real Canadian people sharing stories of how God has intersected their lives. Following the video we grab a snack and delve into a discussion based on questions as well as Bible references set out in our

guidebook. The discussion helps us to personalize the video content - we listen to each other, but more importantly we listen together for God to speak to us.

The RSVP FILM COLLECTION has been developed to reach those who believe - as well as for those who don't, but may be seeking. It is a state-of-the-art audiovisual resource put together by a passionate team of Canadian filmmakers, writers, visionaries and Christian leaders to create a new set of up-to-date study materials that INVITE women to faith, INSPIRE them to grow and encourage them to INVEST generously in others.

We have been using this Video Collection as a Bible Study of sorts and have found it to be very fulfilling. We invite you to join us at future Video Days and we welcome both women and men! We meet at 9:30 a.m. in the Mt. Calvary Fellowship Hall at Martin Luther Church.

Our next gatherings: March 29th, May 31st.

Dates to remember

Thursdays, Mar 15, April 19, May 17
"Wheels" luncheon

Mondays, April 2, May 7
Foot Clinic (by appointment)

Thursday, March 29 9:30 RSVP Film

Sundays,
09:30 English worship service
11:00 German Worship service
(Unless noted otherwise)

Thursday, March 29, 7:30 p.m.
Maundy Thursday worship

Friday March 30, 7:30 p.m.
Good Friday worship

Sunday, April 1, Easter
7:00 a.m. Breakfast
10:00 Joint worship

Sunday, April 8
10:00 Joint Worship
After worship, Annual Meeting

Courier is the newsletter of
Martin Luther Church, Ottawa

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Next Deadline for contributions

20 May 2018

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